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In celebration of Impact100 Sonoma's first 4 years, each of our grant recipients has provided a brief update on how the grant award developed, enhanced, and expanded their services to the Sonoma Valley.

These updates have been listed by year and type of grant. The grant recipients have been listed alphabetically per section.

### 2013 \$100,000 Impact Grant



#### **Sonoma Valley Education Foundation SmartStart – Pre-School for All in the Sonoma Valley**

The Sonoma Valley Education Foundation is in the process of facilitating the expansion of early childhood learning in the Sonoma Valley Unified School District. Beginning with a pilot project at El Verano Elementary School last year, the SmartStart program is expanding by establishing a pre-school at Sassarini Elementary School. The new pre-school will open in January of 2014.

### 2012 \$100,000 Impact Grant



#### **La Luz Center Fortaleciendo las Familias y Nuestra Comunidad Strengthening Families and Our Community**

La Luz implemented programs that have fundamentally changed the lives of individuals and families in the Sonoma Valley community. La Luz Center was able to build a stronger support system for families by doubling the service hours in their family advocacy program and by implementing counseling and support groups to address issues of parenting, depression, and domestic violence.

### 2011 \$100,000 Impact Grant



#### **Sonoma Valley Teen Services (SVTS) Skills for Life Program**

In partnership with Sonoma schools, local businesses and other service agencies, SVTS enhanced their Employment and Career Services portfolio with the addition of a "Skills for Life" program. The program provides youth, ages 13-23, with basic employment skills including work readiness, résumé development, mock interview practice, and financial literacy workshops, as well as opportunities for internships and job placement.

## 2010 \$100,000 Impact Grant



### **Boys & Girls Clubs of Sonoma Valley College Bound Program**

The Boys & Girls Clubs of the Sonoma Valley expanded their teen services efforts by initiating the College Bound program. They were also able to leverage the initial Impact Grant to secure additional funds and create sustained programs for teens at the Boys & Girls Clubs of the Sonoma Valley. As a result, nearly 100 College Bound graduates have gone on to continue their education.

## Impact Grant Finalists Update

## 2013 Impact Grant Finalists



### **WillMar Family Grief & Healing Center GriefReach Supporting At-Risk Grieving Children in Sonoma Valley Elementary Schools**

WillMar is expanding their GriefReach Initiative providing classroom-based peer grief support services in all seven of Sonoma Valley's elementary schools. The program is designed to serve the most vulnerable, at-risk populations and will serve 2,222 students, ages 5-11, in an environment where they already learn and play, thus reducing the isolation and depression associated with unsupported grief.



### **Sonoma Valley Hospital Foundation Women's Health Care Navigator Program**

The planning phase of this program is complete, and in January 2014, women in Sonoma Valley will have access to the new Women's Health Resource Center at the SVH Women's Health Center. A health assessment program, biofeedback station and health resource library will be available at no charge, so women and their families can become more aware of health issues.

## 2012 Impact Grant Finalists



### **Sonoma Community Center Sonoma Serves Volunteer Center**

The Sonoma Community Center was able to purchase software for a volunteer database for the Sonoma Serves Volunteer Center. Their goal was to create a volunteer center in which community members wanting to volunteer and nonprofit organizations needing volunteers had a central resource. The software was the first step at realizing this goal.



### **Sonoma Valley Mentoring Alliance Improving Mentoring Partnerships & Applying Counseling Techniques**

The Sonoma Valley Mentoring Alliance created an intervention program for mentors and mentees whose relationships were at-risk. Vital services are in place, including mentee training sessions, monthly support groups for mentors, and one-on-one coaching and counseling. They were able to leverage a three year grant from another organization to continue the work that Impact100 helped put in place.

## 2011 – Impact Grant Finalists

Grant monies in excess of the \$100,000 Grant award this year were utilized to create and fund the new Community Grants program. No finalist grants were awarded this year.

## 2010 – Impact Grant Finalists



### **Social Advocates for Youth (SAY)**

SAY was able to expand their no-cost counseling services to reach over 400 at-risk Sonoma Valley students. Collaborating with the Boys & Girls Clubs of Sonoma Valley and the Sonoma Valley Unified School District, staff and community volunteers ensured that vulnerable Sonoma Valley youth were given the tools needed to increase their resiliency and reduce high-risk behaviors.



### **Sonoma Ecology Center**

Sonoma Valley youth ages 14-18 gained the opportunity to learn essential job and life skills through hands-on, practical (and paid) internships in sustainable agriculture and restoration. These internships were offered year-round and included mentoring by professionals in the environmental field.



### **Sonoma Valley Museum of Art**

The Sonoma Valley Museum of Art furthered its exhibitions and educational programs to engage the community. Encompassing all age levels, they provided additional opportunities for art and encouraged curiosity, innovation, creative energy and cultural inspiration.



### **WillMar Family Grief and Healing Center**

The Center was able to expand its compassionate, sensitive and culturally competent program of comprehensive grief support with a specific emphasis on support for local Latino families.

## Community Grants Update

## 2013 Community Grants



### **Boys & Girls Clubs of Sonoma Valley Strategic Partnership/Collaboration**

The Boys & Girls Clubs of Sonoma Valley is the lead nonprofit in a planning collaboration between the Club, Social Advocates for Youth, La Luz Center, and the Sonoma County Sheriff's Department. The collaborative partners are in the process of developing a plan to address local gang issues and effect positive change in Sonoma Valley.



### **Becoming Independent Innovation**

Becoming Independent's Sonoma Valley program launched an important pilot project - the Healthy Living class. They have purchased professional cooking supplies and are building additional raised beds in their on-site organic garden, enabling clients to learn about and grow more fresh produce. Weight management, increased exercise and improvement of overall health are all expected outcomes of this program.



California Parenting Institute

### California Parenting Institute Innovation

The California Parenting Institute continued to help young children up to elementary age. They were also able to serve 148 parents in classes and an additional 21 parents with in-home visits. Referrals to the program also increased this year, which speaks to the need for parenting services in Sonoma Valley.



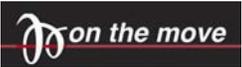
### Ceres Community Project Innovation

Ceres Sonoma Valley has already prepared over 600 meals for 8 clients and expects to serve 1,000 meals to 9 clients with health needs by the end of the year. Meals are prepared by mentor chefs and local teens, who are learning to cook and eat healthy, while discovering their capacity to contribute in profound ways to their community.



### Hospice by the Bay Innovation

A Hospice Care Room at Sonoma Valley Hospital now provides a safe, supportive place for individuals to receive care when isolation, marginalized housing, or economic circumstance would preclude them from getting the care they need in their final days. They have already offered 11 Sonoma Valley residents improved end-of-life care as a result of the initial phase of this program.



### On the Move/VOICES Innovation



Since expanding into the Sonoma Valley, VOICES has worked with dozens of youth to provide youth-friendly services aimed at meeting the needs of current and former foster youth. In the short time that they have been working in Sonoma, VOICES staff has helped youth obtain jobs, find safe and affordable housing, and empowered them to believe in themselves.



### Redwood Empire Food Bank Innovation

The Redwood Empire Food Bank is in the process of establishing a food “hub” in the Sonoma Valley that will allow hunger-relief agencies to efficiently access fresh produce and other staple food items. The anticipated impact is that 250-350 of Sonoma Valley’s low-income, food-insecure neighbors will receive the nutritious food that they deserve to maintain health and dignity.



### Bookmobile/Literary Arts Guild Capital

A manufactured carport has been ordered. Once installed, the new carport will protect the Free Bookmobile from the constant ravages of sun and rain. The Free Bookmobile has also increased service to Sonoma Valley residents including a visit to the new State Preschool at Flowery Elementary and a distribution of hundreds of story books to Sonoma Valley Community Health Center.

## 2012 Community Grants



### **10,000 Degrees Strategic Partnership/Collaboration**

10,000 Degrees, Sonoma Valley Education Foundation, and Sonoma Valley Mentoring Alliance have implemented a collaborative planning project to explore the development of an early college awareness and access program for Sonoma Valley students and their families. This planning work drew on the core competencies of each organization to create a complement of programs that will benefit our students.



### **Bookmobile/Literary Arts Guild Innovation**

The Free Bookmobile was able to set up beautiful neighborhood libraries at multiple locations increasing access of high quality books at a variety of service centers. They also delivered their signature literacy outreach directly to thousands of Valley residents, especially low-income seniors, preschoolers, Boys & Girls Clubs of Sonoma Valley members, and the general public.



California Parenting Institute

### **California Parenting Institute Innovation**

California Parenting Institute has facilitated a Teen Triple P (Positive Parenting Program) group in Spanish at the La Luz Center. This group helped parents understand teenage behaviors and also provided guidance in fostering a positive relationship to help youth succeed in school and avoid higher risk behaviors such as substance use and juvenile offending.



### **Friends in Sonoma Helping (F.I.S.H.) Capital**

Friends in Sonoma Helping was able to improve access for clients, which included paving and striping the parking lot and establishing additional handicapped spaces. They were also able to increase security measures by installing a video security system.



### **Sonoma Overnight Support Capital**

Sonoma Overnight Support was able to replace the well-worn carpet and linoleum throughout the Haven Emergency Shelter and enlarge their bedroom spaces by purchasing closet organizers and bunk beds. This enabled Sonoma Overnight Support to not only improve the physical structure of the shelter but also made it possible for the program to serve more people in need.



### **WillMar Family Grief & Healing Center Capital**

The WillMar Center was able to meet the increased demand for emergency and on-going support for Sonoma Valley youth by creating three developmentally-appropriate portable expressive arts kits, called WILLMAR-ON-THE-GO. Each kit was designed for elementary school children, middle school youth, and high school teens and included supportive bi-lingual educational materials for educators and parents to integrate community support.

## 2011 Community Grants



### **Friends in Sonoma Helping (F.I.S.H) Capital**

Friends in Sonoma Helping was able to address deferred maintenance issues and safety concerns by make improvements to their buildings. These improvements included shelving, painting, and new linoleum flooring throughout the food room.



### **Sonoma Ecology Center Capital**

The Sonoma Ecology Center installed the wiring and electronic boxes necessary to facilitate electricity at the Sonoma Garden Park. By leveraging additional support from a solar power company, they now have power for classes, refrigeration, and their greenhouse, which has substantially reduced their energy consumption. This furthers the goal to have the Sonoma Garden Park showcase sustainable energy use.



### **Sonoma Valley Health Care Center Capital**

The Sonoma Valley Community Health Center purchased two pieces of vital equipment: an Electro Cardiogram Machine (ECG) and a Spirometer. SVCHC serves the neediest residents of Sonoma Valley who often have disproportionate chronic disease diagnoses. Having an ECG machine and Spirometer onsite helps the Center to better serve their patients and provide the best possible level of care.



### **Sonoma Valley Mentoring Alliance Women and Girls**

SVMA was able to fund extra-curricular activities for girls whose families were not able to afford costs associated with sports, dance, art, music, fitness, etc. One participant shared: *I got to go to dance camp at Sonoma Dance & Arts... I learned ballet, jazz & hip-hop steps! I loved it! The only problem with camp is that it ends.*



### **Women's Initiative for Self-Employment (WISE) Women & Girls**

The Women's Initiative for Self Employment was able to conduct business workshops to provide low-income women in the Sonoma Valley with training, funding and ongoing support to start and expand their own business. These workshops included: "My Business Action Plan" readiness workshops for up to 40 women and a "Simple Steps" business management training course for up to 18 women.